

HAMPTON COLLEGE PHYSICAL EDUCATION DEPARTMENT

Autumn Term - PE Round up (October 2015)

It has been really pleasing to see so many students taking up the opportunities offered in the PE Department to take part in extra-curricular sport and the general motivation and application by students in PE lessons.

At lunch and after school we have offered a number of clubs on both a recreational and competitive basis and they have been well attended. At lunchtimes we have had large numbers of students taking part in Badminton, Basketball and Table Tennis and in Year 11, Indoor Football. After school, we have been running teams for Year 9, 10 and 11 in Netball and in Rugby for Year 7, Under 14's and Under 16's. In addition to this the Cycling Club, with Thorpe Ventures, has grown in popularity on a Wednesday evening and the gym is used frequently by a group of Year 11 and 12 boys.

(The next set of lunchtime and after school clubs can be viewed on the extra-curricular table enclosed).

In lesson, students in Year 7 have been working in groups on a number of multi skills and athletic lessons as part of the baseline testing that we have been doing and the information collected will be used to see what they can do and what they know in PE and sport as they come from Primary school. Using this information we then set them into teaching groups that best reflect their learning needs and they follow a programme tailored to meet those needs in order to facilitate progress.

Year 8 and 9 have been developing their fitness and using basic tests to monitor their progress; whilst Year 10 and 11 have got straight into some 'friendly competition' through a mini block of Basketball and Danish Long ball. This went down really well and the unit was completed with our first inter house competition of the year.

Sport England Bid



We are really pleased to announce that we have been successful in our bid for a grant of £10,000 from Sport England to raise the profile of sport in school and to offer a wider range of opportunities for the students at the college.

At present we are in the process of setting up our first set of workshops for Girls Football and then after half term many students will benefit from the opportunity to take part in Race Cycling and Mountain Biking during lessons and after school.

We are also looking at a number of other projects including Boxing for girls', Gymnastics, Trampolining, Indoor Rowing, Street Dance, Swimming Crash Courses

and Outdoor/Adventure reward trips.

Extra - Curricular

Rugby



Our Year 7, Under 14 and Under 16 teams have been training and playing matches since the start of September. The Year 7 team have trained on a weekly basis and have just started their league programme with three central venue competitions at Peterborough Rugby Club. So far they have beaten Sir Harry Smith 15-10 and Stanground 20-5. The Under 14 team, captained by Zach Maddocks in Year 9 have played two games. They lost 14-10 to Sir Harry Smith and then beat Stanground by an impressive 80 points to 0. The Under 16's are due to play their second match at the time of writing this article. Their first match ended with a defeat to Kings School (28-12), who are probably the favourites at the start of the league to retain their crown.

The most pleasing aspect has been that over 50 boys so far have been involved in one of the teams and from this, many continue to play outside of school.

Football



This term saw us enter the English Schools Under 14 cup for the first time in eight years. Mr Holland's team were drawn to play Bourne Grammar in the first regional round and came away with a 4-1 win. They now progress through to round two, where we face another local rival in AMVC.

The only league game this term has been the Sixth Form's match v's Kings. This ended with a 3-0 defeat for Ryan Allison's team. They play NPA next and will be looking to improve. Over the next few weeks we will have trials for Year 7 and 8, in preparation for our first league games after October Half term.



Netball

Year 9, 10 and 11 students have started their netball season, and this year we welcome the return of the Year 9 team. Their season will run until the end of the autumn term with the Year 7 and 8 seasons starting in January. Squads have already played at the Peterborough Schools Netball Tournament hosted at AMVC. As always the competition was tough with 12 schools entering. However, the Year 10 team made it through to the finals to play Kings. It was a close game but unfortunately Hampton had to settle for second place.



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SSCo Newsletter Sept-Oct 2015



Leadership

Sports leadership will continue this year at Hampton College with the Youth Sport Trust Young Ambassador Scheme and leaders from across all year groups, supporting extra-curricular clubs and the primary festivals. New Form Sports Reps have been appointed and there will be opportunities for Year 7 students to apply for the Sports Council. The Silver Young Ambassadors in the Sixth Form are currently planning inter-house competitions for their fellow peers.

Primary Festival Dates

Festival	Date	Leaders Used
Y5 multi-racket skills	Thursday 8 October 2015	Year 9
Y6 cross country	Thursday 12 November 2015	Year 8
Y5 netball & basketball	Thursday 28 January 2016	Year 10
Y6 netball & Football	Thursday 25 February 2016	Year 11
Y3 sports hall Athletics	Thursday 21 April 2016	Year 9, 12/13
Y1 multi-skills	Thursday 19 May 2016	Year 7
Y2 multi-skills	Thursday 5 May 2016	Year 7
Y4 striking & fielding	Thursday 7 July 2016	Year 8
HCPP Reception Multi-skills	Thursday 16 June 2016	Year 8

Year 5 Multi-Racket Skills festival

The first primary festival of the school year saw 140 excited year 5 students arriving at Hampton College for a racket multi-skills festival. The festival was specifically aimed at improving hand-eye coordination through a range of activities. Unlike all the other festivals, the Year 5s were in mixed teams, consisting of students from Vale and Hargate to encourage students to work together, as there is a rivalry between the primaries. Congratulations to Team Beast of Champions who won the event with 833 points, only one point ahead of second place. A big thank you to the Year 9 Sports Leaders who helped to run the sports festival, they were excellent role models on the day.



Year 9 Sports Leaders

Junior Athlete Education Programme

The JAE programme is up and running and students will have had their first meeting with their mentor. This programme gives our talented sporty students extra support and advice by helping them to balance their school life and commitments to training for their sports.